

Karen Wilson

HeartThread Practitioner

Karen is a retired attorney and an artist; founder of Stardust Artworks. She is a kiln-formed glass studio artist at the *Art Glass Center of Glen Echo*. Karen is also a certified HeartThread practitioner; a certified meditation instructor; a certified medical qigong practitioner; and a certified Dragon's Way Instructor.

Through all these modalities, Karen provides numerous pathways to healing and unity within ourselves and in the world. She believes in the healing power of all that we do, and the importance of developing all of our talents for happiness and well-being.

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