

Gabriella Angus

HeartThread Practitioner & Trainer

Gabriella has been involved with Soul Support Systems since 2010. With a background in the field of addiction, she has worked extensively with people in recovery and has never ceased to be amazed at the dramatic shifts that HeartThread can provide for them. A passionate advocate of this work, Gabriella had the good fortune to journey to the US and train as a HeartThread Practitioner trainer.

Gabriella is also a Reiki Master. She currently runs a not-for-profit yoga and holistic therapy Centre whose dual purpose provides wellbeing for all aspects of the community. The Centre also provides opportunities for people who have struggled with addiction or mental health issues to gain confidence and job experience as a pathway into paid employment.

Gabriella is available for personal or group sessions in the UK and by Skype, Zoom or Whats App. She is also planning HeartThread Practitioner Trainings in the UK.

Contact Gabriella:

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