

Faith Grieger

HeartThread Practitioner

My background in healing arts started in my 30's when I entered massage school. From there I added Healing Touch and Reiki, Feng Shui, Spiritual Response Therapy (SRT), Astrology, Tarot, Hypnotherapy and Spiritual Regression. In recent years most clients have come to me to experience sessions in Past Life Regression, Life-Between-Lives, Quantum Consciousness, and Galactic Reunion. I love all of this and yet missed the thrill of connecting directly with the body and its beautiful energetic systems.

When I received my own HeartThread experience in a group setting, I was blown away at how intimate, heart-centered, and profound it is. My facilitator could sense my inner workings and what my body held. This gave her the knowledge to form sentences that contained the message(s) my body most wanted me to hear. I sensed my cells were hearing the messages, especially when I was asked to repeat them. I could literally feel the old stuck energy melting out of me. The process happened with such grace and depth I knew I wanted to become a HeartThread facilitator as soon as possible!

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