

Flower Essences Testimonials

"The first (#1 S. Oak) was really powerful and I loved it.

I've completed my first flower essence and really enjoyed it. I felt very grateful to the Oak tree and also feel supported."

"I just wanted to send you an update on my experience with my first Essence- La Valdieu Signal Oak. I started last Sunday, and today will be my last day.

This week has been very uplifting in so many different ways. Here are a few changes I have noticed-

I feel like my sense of gratitude is increasing by taking the Essence. I make sure that I have taken the time set intention hold them to my heart and meditate on them before I ingest. I started my hula hoop dance practice again, which makes me feel super connected. I'm feeling more balanced! It's been almost 2 weeks since I have had a drink of alcohol and I'm not craving it. "

"#11- On the last day I took the St. John's Wort I sat outside and looked at the oak trees on our property holding the essence. Instead of just feeling the vibrational frequency of the St. John's Wort and how my body's frequency rises to match the St. John's Wort essence something different happened. As I held the essence I felt its vibrational frequency already in me. I sat holding the bottle feeling an energetic circuit of the frequency of the essences traveling from the bottle into my body and my body sending the same frequency back to the bottle. I knew I was complete with that essence. "

"Still working with my first two flower essences, I have had remarkably vivid dreams with some fascinating guidance within them. Even amidst seeming chaos in my environment, I am noticeably more calm."

"When I heard Nancy speak about the essences, I resonated to #1, Rennes le

"I can definitely feel them working with me. I meditated every day seeing my roots going down into the Earth and my branches and leaves reaching for the Light and feeling the connection/channel of the Above/Below through me. "

" #4 White Rose

I experienced a profound shift from feeling wobbly, unstable, at effect of what was happening in my environment to a sense of peace and balance that seemed to stabilize even further as I moved through the days I was taking it. I felt more centered in my core self and in my own consciousness. I really enjoyed this one!

#5 Heather

I realized I did not have good boundaries, even though I would not have described myself this way. After a few days I began to feel a stronger sense of self, and then had the opportunity to stand my ground with my partner and set a strong boundary with him without much emotion or getting hooked in. The boundary still holds. "

"What I have noticed about using the essences so far, is that I feel a tremendous sense of peace. My heart is always yearning for a way that I can expand and step into my light more fully, in order to be of service. The essences are a beautiful gift and tool to support me in doing so. "

"It's been a really wonderful experience to work with them. I've had some lovely realizations and movements that have come in ways that are not customary to me."

"Once I started taking the flower Essences, a great connection ensued. Each essence drew out vital characteristics of myself and my profound relationship to the universe. The great message was to take your place and be in your power with love as your emanation.

Since the flower essences are created from messages by Mary Magdalena, I was drawn to her story. I listened to the audio version of

Chateau Symphonic Oak. I was working on healing a relationship with my daughter. In the two weeks that I took the remedy, we went from her avoiding me to spending the weekend together, finally making a positive connection. The oak brought an inner strength and grounding that helped with other issues as well with my sisters. These remedies are very powerful healing gifts.

The hardest thing is to use only a few words, as so very much shifted for me while I used the Oak remedy. I hope this is helpful. I forwarded the email to my group. I have already spoken with all of them about my experience. Please let me know if you put together training for practitioners to counsel people using the remedies as I am very interested. I'm excited about the potential for healing in an effortless way that comes from this very special medicine.

I'm so very glad I got connected with this project and made your friendship.

Thanks and blessings."

"I noticed an aspect of the Oak remedy. Your description says it works for digestive issues and my digestion was really good for all that time, even eating food that I am not used to when I was away. Now, I am cleansing big time, flushing out my system in the past few days.

Sending big rainbows and hugs!"

"I feel I'm checking in co-creatively with the earth, Magdalene, and the specific essences themselves..."

"This week after the essence I am feeling more embodied and connected to source. I have also been able to allow myself to receive love. Life is still happening and of course I am in and out of it but I have a sense of space around my chest area where it was dragging at times before and I feel more present and spacious regardless of what's happening outside of myself. Easier to step back in."

the book "I remember Union: The Story of Mary Magdalena" by Flo Aevia. Now Mary Magdalena comes to me when asked as I am connected to her through heart.

Each essence provides a unique gift. The Blue Chicory (#8) develops one's collaboration; human and spiritual. After the first dose, I drove my daughter to her school and began to consider the impact of our daily collaborations. I thought about the coordination of the traffic light, the teacher directing cars at the school, the construction crew that built the road I was driving on. And my mind just kept rolling through so many of these scenarios with the realization of the fantastic eloquence of our normal day. Then my attention was drawn to the greater plan and the great design as well as all the spiritual support we receive every moment. This flower essence made me realize to a larger extent, we are not alone, we are never alone. And it our job to work with others as much as possible to do one's part in the great design.

The Divine Mother Dark Pink Rose (#14) was very powerful. I took only one drop. Within the next few hours, I had seen the Great Mother in her various forms. I felt the Divine Feminine embracing me which has resulted in a strengthening of those aspects within myself.

MB Heather (#5) helped "ground it all in" though I was unable to feel as much effect as the other essences.

Holly & Ivy – St Baume (#13) is a flower essence for balancing the masculine and feminine within. I felt my relationship with those traits harmonize so that neither overpowered the other and there was a strengthening overall of both attributes.

I was doing a training where I was involved in giving many group healings. Mary Magdalene was very present with me in many of them.

Overall, these essences sent to us by Mary Magdalene are a gift to the world to help us in the greater movement. I would highly recommend them to see what they might do for you in your to open your awareness and continue your development."