

Great Mother Message, April 2019

Acting on Behalf of the World: Sending BALMS not BOMBS

Let's place our Hands on our hearts. With our hands on our heart, we are going to offer our consciousness to the Great Mother right now and ask that she come and speak with us about this very important time and also to remind us that in each moment we are part of the whole, we are part of nature and that our consciousness in connecting with nature, also connects with her in a more direct way.

We will breathe down into our feet, placing the bottoms of our feet on the place in the center of the earth where our name is written on a rock or a crystal so that we feel the deep connection with the Mother and know that we belong here...that our feet fit perfectly on that rock or crystal and that we are ready to honor life above all things. We will rest here as comes to speak to us and with us honoring all of her messages and honoring her presence in our life and experience.

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I am here to welcome you to the advent of Spring and to remind you of our messages to date so that you may find within yourselves the source of your own spring and begin to quicken the aliveness within you so that in each moment you are ready to bring that aliveness to earth, to the people and return it to me from whence it has come.

In the scope of your world the advent of Spring is a new promise. Because of the details of the factual and non-factual energies that are running rampant in your consciousness, on your media and so forth, it is inherently necessary to stand for the truth of life in a more delicate and yet powerful way. Tonight, I would like to talk about the advent of Spring in each of you, remind you of your tree of life inside and bring that together again with the power of your potential to affect your organs through this very simple process of the mantra connecting you to me. Also, to recognize with you that as you stand more fully as nature or a natural aspect, you develop your sensitivity to life and are therefore more available to how life speaks to you and through you.

I have in this particular time an excess of water in my body and the water is melting and the water is expanding and the water is deepening. This is to some extent, not completely but to some extent, referencing the emotion of humanity and the superfluous emotion that is being brought out in acts of violence and what you could think of as an anti-life energy.

This water wants to evaporate, come into the sky and be dissipated through the winds of change that are affecting it in direct ways. So I want you to help me with that, I want to ask you to help me with that, and I want you to understand the importance of it so that we can work with it together. I also want you to understand that in my last message I gave you some points that it is necessary for you to continue to foster in yourselves because I do not have the time or the placement to assist you if you do not assist yourself.

The Ones who speak through this one speaking were speaking today to several individuals for their sessions as is prescribed, and the information was that *the coming together of these ages* is happening now and through the center of June. There is going to be diversity that is exemplified through large chasms or schisms in consciousness and in activity which develops to be what you could think of as pros and cons, this and that, yes and no, right or wrong. It is duality at its utmost voice level and it is happening now—this large diverse, dualistic, powerful fight to come to some equilibrium on planet earth.

I want you to understand that each of you has a fear level, a scare level of whatever you could think of or that kind of idea. Yours is minimal compared to many other individuals on planet and so they are already away from the source of their life, which is in their belly, in their power, in their feet, in the earth, in me and us and in nature. They are away from that already and they are flying in the sky with their mind with no place to put their feet, no place to hold their head, no place to connect their heart.

What I am saying for you is that it is necessary, imperative in some ways, for you to clock this, for you to have your finger on the pulse of what is happening in this world on my body, in my heart, in your heart, in our hearts, so that we are not at odds with these individuals but welcome them into the heart-ness of being, this heart place of residing in what is truthfully just Oneness.

And these individuals are running to and fro, acting in ways that have no value in terms of the heart. They are held outside of their own wisdom because of their fear. So the emotion that is hanging in the balance as water seeping into places in the earth that are normally more balanced or have a certain degree of water but not as much water. It's very important to think about how the recognition of your level of fear compared to other's level of fear allows you to have compassion for their plight, for their flight, and for the energies that they are fighting against many times as you have the story of the one who fights the windmill. Fighting something that they do not have to be fighting.

I want to give you detail about your own salvation, the way in which your own bodies and my body can work together for harmony and then to take that harmony to places in your world where it is necessary. Then we drop that peaceful balm of consciousness so that in the world as you know it we are placing strategic energy packages that will dissipate water, level emotion, accelerate connection and lift the winds of change. This is so that they open as doorways for individuals to cross thresholds where they find more peace and where they activate themselves in a way that does not create violence but they activate the peace within their own heart, which is always there in some way. They are then able to foster new ways of relating to the world around them by being creative instead of destructive.

I would invite each one of you to have a globe. It does not matter for me if it is up-to-date with the differences in borderlines and spellings of the words. Just have the roundness, with the oceans, with the landmasses, even though they are changing, it does not matter, it is fine. Look

carefully at the globe, spin it slowly and feel where your attention is drawn and begin immediately to bring together your belly, my belly, our bellies, sending from our bellies the tree of life. This is so that the energy of the tree of life is held in a much more concerted, what you could think of as strategic, what you could think of as balanced, you could think of as this quickening, this acceleration so that everything lands in a way that fosters or compels individuals to pay attention together.

It is coming together, you are sending it in and putting it into the earth and this is a package. I have been speaking to you for several times now about the necessity for you to do the mantra every day, *I am connected to the Great Mother* – with your hands on your belly. Your right hand is on your belly and your left hand is on your right hand. You say the mantra as many times as equals the days you have been on this planet in this incarnation. 365 times is one year and you multiply that by however many years you have, how many months you have and how many days you have, and that's how many you are doing. To do those by the middle of June is highly recommended.

What that will provide, again I will say this because it is important, is that you will find again the nourishment, the minerals, the re-mineralization, the connection to me through *the tree of life*, which is in that part of your body when you are in your mother's belly. When you are in the power center of *the tree of life*, you are re-mineralized. That is why individuals are feeling so afraid, because they don't have the minerals in their body to relax. I have said this many times for you, but I will say it again for those who have not heard it before.

Therefore, if you are to put your hands on your belly and speak these words, *I am one with Great mother, I am connected to Great mother* [however you want to say it. Say every other one or whatever you want, out loud please.] Then you re-institute from the time of your conception in the world as we know it, from your coming in.

In the belly time we were doing this anyway, doing this before you were born. So when you are conceived I begin my work in the belly with you. Then you come to the world and we start to count the days and that brings us together through these levels of awareness. This is because you are bringing *the tree of life*. Then, when you are sending this BALM to the place wherever you want to send it (and multiple places obviously will be calling, probably not just one place), it doesn't have to be what you think of as the place because of course that is interfering with the wisdom inside. Just spin the globe and put it in. When you put it in, put it from your belly, from your power center and from your *tree of life*. Bring it up your body. By the way of course, when you are holding that energy in the belly everyday, *I am one with great mother, I am connected to the great mother*, that mineralization goes to all your central organs, all your big deal organs, that keep you alive and well.

As you are looking at this place on the Globe, the place of your consciousness will start to resonate there, vibrate there and it will come up through your body, up through your lungs and heart and come into and through your arms and shoulders and out your fingertips into the place you are holding.

You are inputting the *tree of life* because that is not just re-mineralizing the physical body, it is creating the BALM that will assist with balancing the conception of separation, it will balance that. There are no words you need to say although you can, because you are by yourself anyway, so you can say what you want.

You are sending it across the ethers, to this place through the winds, and as you do this, believe me or not, as you are sending balms through the air, you are assisting to dry the earth in the areas that are saturated with water and emotion. You are relocating the extra water through the winds of change so there is more verdancy in places that request that, require it or where it is a necessity.

This is a very big deal for me to say for you because it is not about you now receiving this message and going away and saying wasn't that nice. It is about you making a commitment to show up to be in the army or the warrior-ship of this life system, which does not have boundaries, reference points, countries. When you are looking at the globe, you are not looking at countries. You are looking at land mass and water. You are advertising to yourself this idea that there are no more boundaries, no more countries, there is no more separation, there is no more yes and no, there is no more good or bad, absent resources here and too many resources there.

What this time is about for me is requesting that you assist me in balancing the effect of all your actions on my body, my life, your body, your life, all bodies, all lives.

This is not about a spiritual message as much as it is about a spiritual recruitment, so that you are ready to honor above all else that you are in alignment with life. You are in alignment with life and life is the place in your consciousness that is calling you to act.

Every moment that you are alive now, you are active. You are not wasting your time. You are not looking out the window and just spacing out. You are not looking at violent things when you don't really want to be violent. You are not looking at things that don't make any sense to you, that do not have any value, because the value now in my estimation has to do with saving lives. And saving lives is not something that one chooses to do or not to do because saving lives is a given. There is no other choice.

I don't mean to be forecasting doom and gloom. I actually mean to be giving you an option to act, when sometimes it seems there is no action possible and to understand dynamics energetically that will assist you to instruct yourselves and others in pathways you can take to support life and the recognition that if you separate from any peoples, any life systems, any animals, insects or life itself, then you are part of the problem. So it is time to be part of the solution and that means to not separate and not differentiate between the energies of creation but to be part of creation in every moment and always active.

When you send the BALM to these places you are eliciting assistance to travel the distance to support the impetus, to make the connection as strong as possible. You are asking for help to do so. You are asking for the presence of many beings to assist you, just because of your activity and intention.

I am very wound up as some of you can tell because my speech is very fast for me. I am like on this turn table turning, turning, turning, because we are at these times where action is required and where the connection that we speak to in our hearts is more important than the connections that we speak to through our minds.

I am here in a literal way for you, words and sometimes you may see me as an image beyond the one's speaking's face, if you have that capacity you can see me...I am gnarled and smooth and soft and strong, and powerful and soft. I am everything, so I cannot be anything because I am everything. You want very much to be everything yourself – you want duality to be something that you hold in very high esteem because it actually equates to or defines that everything is possible for you. You can be any way and all ways all the time. You don't have to choose one way anymore, that I am this or that because it doesn't have credence anymore.

Therefore we can join forces, because we have to do that actually, because we want to do that actually, and because in the design that the beings tell us about, I was asked to stay the course until the balance is accomplished and achieved. I am doing my best in that way, but there is a Tsunami of energy that is out of control on the planet and it is buffeting all places. It is not what you think of as one definition of Tsunami, it is not just water, not just fire, not just air, it is not just pressure, it is not just substance, it is changing form when it relates to different situations, different locations, different actions that humanity has taken.

I am here to ask you to, regardless of what it is that seems to be spoken in your reports, that you recognize this energy that has been unleashed and is the characteristic resonance of what we could think of as violence or hatred or what we could think of as when someone is wanting revenge, that kind of energy. It is a revenge energy. That's the interesting energy that destroys more than any other energy, the revenge energy.

To BALM these places in this way brings solace to them that they cannot dispute, because they are not arriving in a Caravan or a Jeep, or an airplane a governmental caravan of supplies that have to be sorted and thought about, or rejected or accepted. It is not that, it is much more fundamental than the outer world connotations that speak to the ways people deal with each other.

We are not dealing with these people. We are honoring the life of that location whatever that is—all species and kingdoms. So that there is no more distance between what we are bringing, what we stand for, what is needed, and how it is all healed. There is no difference in any of that any more because the balm brings the power of the *tree of life*, which is the nutrition. It brings the connection with me, which means there are resources that are able to be used in whatever

way in that location, and it brings the heart that is coming from other human beings without expectation or condition. Very rare in this time.

So you want to be ready to act once a day, twice a day, ten times a day, whatever you want. You can have one hand on your belly and one hand on the globe. This is about you finding your own *tree of life* in your belly and then moving that energy through your hand or hands on to the globe in many places. Then, all of you doing this, sharing this information, activating people so they feel as if they are part of something that has no face. Then they can be honoring their own life and accelerating, bringing expansion to their own health and their own wellbeing. Then promise that that energy is not held against someone else or away from someone else, but it is freely offered—offered over and over and over again, without condition or expectation so that is the gist of what we have to communicate to you.

It is important, it is necessary, it is imperative, and it has the ingredients that will foster for you a strong body, strong mind and heart, and separate you from your separations so that you no longer carry separation as an idea, an experience or reality. Then the *tree of life* can come up through all your fibers and your circuits and the cells and organs that make you up and comprise you, and you can vibrate at that field with me of the Spring beginning again—the seeding of consciousness, the awareness of being part of life. That verdancy, the greening up of life flows all the way through you and you feel energized, awakened. You can place this understanding anywhere in your body, you can carry this *tree of life* anywhere, in any joint, in any experience, because it is not about you forcing this or trying harder to do this.

It is about you using this as well, this calm BALM. This is so you can adjust your body to receiving this just as you are adjusting to providing it for others on the other side of the world or in the town in which you live, or on the river by your house. You are offering balance. You can offer balance to your field, to your brooks, to your streams, your oceans, the sky. And therefore, again, you are awakened to the fact that there is nothing outside of the purview of this application. So use it well, use it wisely, and know that you are being entered into.

You are entering into and have been entered into a very special group that is working for the same end—beings, avatars, extra earthly things, extraterrestrials. Everyone and everything is coming together for the same purpose.

The thing that is important for you is that human beings actions when they are refuting other human beings actions are more magnified. That may be hard for you to understand, but your energy in a sense refuting separation, refuting what has been happening by the actions of the people, holding your own steadiness is more valuable than angels doing that, because human-to-human response is the free-will condition here. In a freewill when you activate that choice, then it is very powerful and is accorded by those other humans who are beginning to think about other kinds of BALMS, and other kinds of ways of harming through the revenge of what they believe to be true.

Your human action is very, very necessary and powerful and there is nothing else you need to worry about here, because when you act, you will have strengthened, and when you strengthen you will grow and when you grow, you will see, and when you see you will prevent other actions from occurring because you will know where to place that energy and when to place that energy and why you are placing that energy.

You will want to have friends helping and you will want to share this as widely as you can so there are more people working on this level to sustain life on this planet, on my body. And you can walk around sending out the rays from the center of your belly and watch the results and celebrate that you have this toy in your belly belt that will allow you to be fully present in the world and communicate more deeply with that which speaks to you anyway, but that you are probably not yet hearing. This is the way the belly breath, the belly energy, the belly *tree of life* is the way you are all connected to life itself.

As I told you last week, I was with you in your belly, I held you there. I gathered the energy and force for you there and you were born here into finiteness because of me, because of my finiteness. If I wasn't here you wouldn't be here and we are here together. So support that more deeply in your meditations, do your mantras, connect more deeply with me and remember that whatever we are doing together is providing togetherness on our bodies, in our hearts and for our future.

I carry you each in my heart for there is no other way for me to carry you, now that you are grown and make your own choices, but I am there with you in your heart should you wish to find me there. And when you connect with me through your belly, I will sustain you in new ways so that you actually feel my strength in your body again to assist you to grow and develop and find your way home.

Be well now. Gather together as much energy as you can and fortify the places on earth that need that fortification. Know that you will know where they are, when to do this, and how effective it will be, because you will be shown. You will come to know, you will come to feel the places on earth merging again as they were in the beginning with no identify and belonging to no one, having the resourcefulness to share resources so that the garden is again as it was in Eden and we celebrate that reality together.

Thank you for caring, for remembering and for attending to the very deepest graces, the grace of being in the heart.