

Great Mother TEAM Earth Call, March 28, 2019

I would like to start this evening by celebrating the Spring and the energy that is quickening all life force on this planet in our hemisphere here, as we speak. And to also know that the quickening energy of the stronger sun and the budding life is something that is very important for you each to celebrate and also to magnify in your body's structure and in your inner core and in your inner cellular lines of understandings that are, what you would think of as a physiological. You want to understand that this is a time of renewal for your body.

I have been thinking and talking with you many times about the idea of you re-mineralizing your body through your connection with me. I have spoken to you about the fact that when you were in your mother's womb, I was holding you before she was holding you. We were making an agreement that when you came into form, the reason that light would be brought down through your body was so that you could actually feel light in your body early in your experience here, and that we could then connect through the light in your body. If you think about the birthing process that has been foretold through the one Jayn and the one Miss Flo here, you know that "*you are light and light you shall remain*" is an image and a chant that comes from the Divine. The Divine wants you to understand that light is how your divinity is expressed but also how it is held in your body.

If we think about when we are doing the birthing ritual for the children and we bring that light through, we are not just saying "*you are light and light you shall remain*" like you are an infinite being. We are saying light is the way that your form lives on planet earth. When we are connecting the light with the form, with the Great Mother, with me, then we are also saying through what you could think of as a series of connective links, that light is the way that connection works in the body to create solid form here, to create what we could think of together as a way for the body to thrive and be sustained and be opened out and be integrated.

If you think about this idea that I keep bringing to you about re-mineralization, it is also this time of the year when it is a renewal time. It is an easier time for your minerals to be reactivated or rebalanced. It is an opportunity for you to connect with me in a very deep way so that your connection with me is not just an idea. *Oh, I think I will connect with the Great Mother, or I will go down to her core, or I will put my feet in the place that says my name so that I am belonging to earth.* Those are all lovely things and are more mental, psychological ideas.

What we want to talk about tonight and really activate is the ability for your cells to remember how the balance of minerals is held so that you can feel more alive and balanced. Also, that you have more energy to bring for yourself, a consciousness that has all of the Divine elements in it, all of the layers, levels, dimensions and awareness's so that everything is fitting together better.

Now I have my fingers on the pulse of the planet, not just one nation, not just one country, not just one ocean bed or body or one mountain chain. I have my fingers on the pulse of this planet, I am this planet. I have come here to represent this planet, but I also have a body that is

being held by you in every minute because we have no way of separating from each other as long as you are in form on my body.

I want you to recognize that this is a very magical time. It is also a very illustrious time where new offerings, ideas, creative things and wisdoms are coming forth. For you to most fully express your healthiness, your wholeness, your available energy field extension and expansion, it would be good for you between now and the summer time to in an active way begin to bring the minerals into the cells and into the circuits of the body that is spoken of, so you have a real sensitivity to the fact that you are nature.

Many times, I hear people saying, "I am going to go out and connect with nature," as if they are not nature themselves. It's very funny for me because, you are nature! How could you not be nature? And so you are going outside to get fresh air that is lovely, or going to hug a tree that is beautiful, you are going to put your feet on my back and commune, that is lovely. And at the same time everything you do and every way you are and every moment of your experience, you are nature, receiving nature, using nature and creating nature.

One of the ways that you can more easily receive the minerals, the sun, the goodies of life, in what you say, in an etheric way, is to think of yourself as nature. This is to bring your quality of being to match more fully what nature represents, how it vibrates—it's code of ethics if you will. This is because the human code of ethics in this particular time of this century that we are in now has very little to do with this generation after generation after generation choice point where you do not do anything that is going to harm any other generation. It is not just future-future, it is now, the generations that live now when one makes a decision and they are older than another, is the decision going to affect the younger one. And it does not matter when. It does matter that it will affect them.

We are in this time when the code of ethics is not up to par, not up to snuff. It is not really listening to the cries of any animal or any person. And to change that one must come together with nature more fully to listen to and respond to and be united with the core of what that nature represents.

I am going to give you some things tonight that I want you to do, and I am going to be very obvious about it and very blatant. I am going to tell you I want you to do these things. You can decide yes, or no or maybe or sometimes, it does not matter, in the sense that you have free will. It will be what it is for you, however the things that I am going to ask you to do are not only for the benefit of you but for the benefit for all life, all nature. I also will benefit in a very direct way because when you derive minerals from me I receive balance back from you.

Because many times people are, and this is very interesting to me as an energy or an essence, when people are looking at the earth...*I am going to go connect with the mother and I will take all my stuff and dump it down in there and go in to get all balanced and everything.* So many times what I experience is that there is not any connection with me. There might be some connection with some idea, but the idea does not have the quality in it that each of one would like to have when you unite with me.

I want to give you some pointers, clues. I also want you to remember that to re-mineralize your body, you do it through your belly. You do it through your tube, your umbilicus, your place—your tree of life that's in there, that is always implanted there. You have to do it from there. It can come up your feet, but then you have to bring it up from your leg and it is a longer journey. Just put your hands on your belly over where your mother was attached with you and you to your mother. Put your right hand first to receive it and your left hand on top, so you are just like for your heart. Which means that the reception is coming from the left and then you are able to give it out from the right, your right side gives out so you want your right side down on your belly and you want your left hand on top. You are going to say again, *I reconnect with the Great Mother, to provide my body with the necessary minerals for my balance.*

Now I said this for the ones in the Hungary country, and I am going to say the same thing to you. It is necessary for you to do this as many times as you have been in this particular body. Every single day for every single year you have lived on this planet.

You can shorten it if you want: *I reconnect with the Great Mother. I reconnect with the Great Mother.* You want to say it 365 times for every year you have been alive and you want to do that before the middle of June, before the solstice in June. Because that is going to assist you to re-mineralize particularly if you are using your hands on your belly and you are saying the mantra.

This mantra is specifically to activate the *tree of life* inside of you that was the place where you received all nutrients from your mother and from me before your birth. You can say, alright, I am going to do 365 a day, doesn't take that long really. And then you just make a little mark, every day, and you just have to do as many years as you have been alive. You will begin to feel that your body is receiving the grace that is very beautiful for you in your particular situation and that as part of nature, you are receiving more sun, not the rays that are going to harm you but the rays of light itself, the star light, the moon light. You are going to have more communication with all living creatures of all types because you are coming again into a place in yourself where the wisdom is stronger than your ideation. Your ideas, your ways that you think so much about right or wrong. I have to do this and that. You are going to be in a rhythm, with the Great Mother reconnecting with me and you are going to make a statement that that's your choice.

In some ways, the older you are the stronger your connection will be, not that you younger ones cannot continue after you have caught up with your age, you can always go more and more for the rest of your life if you wish to do it.

The idea here is to provide you with a comprehensive way to go immediately to the mat, go to the place where there is no more room for dissembling or moving away from what your choices are actually creating in your life.

I always think about this very strongly, that every choice you make impacts so much more than you are aware of. And when we are not concerned with our choices but we just want to do something that is right or wrong for us, that it does not take into account the code of ethics that is imprinted in us, and it's imprinted in the heart and the soul. It doesn't need explanation! Sometimes I am very tired of hearing all the explanations of why something is good or something is bad. Why something should happen or should not happen. It is really not simple for those people who are conversing and arguing and building their case for this and that.

Everyone knows within them the experience of truth and when there are all of these codes of ethics violations, then it is about something else other than creating a balanced wholesome life force, life system or inheritance for those who come after.

So that is one thing I would like you to do. I would like you to do it because it will honor and balance me and all other aspects of nature as well as yourselves. And it will bring the minerals and refreshing energy of Spring into your body to give you the wholesomeness that you each desire. It doesn't matter what you think is or isn't anywhere, it is always the same, it is always okay to do this – coming together with me and recognizing that this is really where the promise lies, and your spiritual understanding for how unity will happen. It isn't an idea, it is a frequency that we share in every level of our beings.

Every level of our being and beings must be in harmony for peace to occur on this planet. We cannot be discriminating against and separating from and not aligned with, it doesn't work that way.

That is one thing I would like for you to do and then the second thing that I would like for you to do is every day to touch something alive as if you are part of that aliveness.

It is not like...I am going to pet the dog. I am going to hug the tree. I am going to get the trowel and dig up the earth. I'm not going to move the earth worms so they don't get hurt...I am going to talk to the earth worms, and the soil, and the flowers, and the plants, and the trees. I am going to talk to the sky, and the stars, and the animals. I am not just going to act like a human being anymore observing the world, participating in the normal ways that people interact with things other than themselves.

In this next several months, I am going to specifically become nature. Every day you are becoming the dog, the cat, the owl, the bird, the sky, the stars, the sun, the moon, the trees, the mountains, the plains, the valley, the rivers, the brooks, the seas and the oceans.

You have this idea now that is very new for you, that human beings have separated from life by identifying themselves as a particular form of creation that has autonomy from the cycles and systems of nature.

This is important for me to say to you because I know the value of taking that one step and becoming what it is. You have always viewed from either the pedestal or, *I think maybe we are*

*equal or maybe I will be kind to you or I will give you some attention* or all those things that we do when we are in the mind that separates from the heart.

So now your job is to connect with me very strongly every day by doing this wonderful mantra of reconnection with the Great Mother, and then also every day with plants, minerals, vegetables, different kingdoms, all these kingdoms. You spend a few moments each day with each kingdom, becoming the nature of that nature and understanding the nature of that nature. This is so that you don't really feel separate from what you are viewing anymore.

I could say and rightly so, that when you do this kind of opportunity, have this opportunity to connect in with the nature as nature, that there is less division in your physical, emotional, mental, spiritual levels which would be true. I can also say that there would be less disruption in the flow of your body's different systems. That would also be true. I could say that you would have more compassion for all of these life forms that are out there that you are living with, and that would also be true.

I could go on and on about what all of the truths coming together makes possible. The thing that is interesting about this for me is that when you cross the bridge and become nature, your whole world changes, everything changes, not just an aspect of what you think maybe nice to have change. Everything changes, because then you are part of me and I am part of you in a conscious way. You already are of course, and yet it has not been conscious or as conscious for many of you. When it become conscious, we are no longer figuring everything out, we are working together.

Now coming to the point of all of this, which I want to do, is that the code of ethics has been altered. It no longer honors life on this planet in the way it can and in my estimation should. When we both become nature, and we all become nature together, which means that you are able to bond with each other more as nature, this gives you a whole different way of relating to people and then of course you are relating to animals and everything else.

What you start to recognize is that we are working together in such a strong way that you begin to bring the code of ethics back to the people and back to nature itself and all nature aspects. And then we are able to...for me it is turning a wheel because of the rotation of my axis and the movement of the circle. It is turning the wheel so that we move through this time of, I just call it a TD time, it is the Trauma Drama time for me. It is a very hard, what you think of as ruckus energy, disruptive, very un-soothing. I think of this as a TD time, and if we can accelerate the TD time, in other words, have it come and go faster, it is better for all life. In another words, I would think of it as – one example could be, when you are taking off a band aid that is on either side of the little wound that you have, not a big one, but a little one, you can go peeling it, every single hair under the band aid or you can pull it off or you can rip it off and it is done. It would be very helpful if we were able to go more quickly through the TD time, so we end up in the aroma of resolution, the consciousness of Truth, and the experience of peace. It just feels to me like it would be helpful.

For the next several months, because of the emerging Spring energy, we could think of it as accelerating growth because of its energy. It is reenergizing everything but it is also this feeling of quickening, and I would like to quicken the code of ethics so everybody starts to feel not just spring, but as TOWNN have said, to clear up all things that are not working with other people. I would also like to see the larger systems of the world begin to have this acceleration of the code of ethics so that we go more quickly through the disparity between truth and illusion, truth and lies, whatever we call them, which we know that are out there so much now.

Each of you when you are coming to nature with me we actually then expand or magnify the amount of magic that we are able to experience with this fresh new energy. We are able to spread it, share it, expand it in such a way, that each of the recipients of it feel as if they want to choose life. They want to choose expression. They want to choose an ability to feel like they are participating in some blooming, something blooming, something expanding. See this is an innate quality in life that there must be a time when it quickens its experience to rebalance what has been lost or unbalanced.

Every life form is now quickening on this particular side of the hemisphere from where we are speaking from and in, so this is expression so we get it moving. And it moves obviously to the other hemisphere and then we have this circle beginning to revolve so that the Spring energy stays more active, and people want to participate more fully in what is happening so that the consciousness then becomes that everyone is cooperating and that cooperation is extremely important. Because if we don't have the cooperation then we are pressing the rock to move when there is no momentum, gravity or balance for it to actually move. We are just trying to push against the resistance. Which we don't want to do, it is not necessary.

We use the re-vitalization of our own life form, we connect with me, the Great Mother, and with this life force and we are experiencing the minerals in the belly. Now the belly then, the place of power of each person then gets more powerful and also spreads out. The power goes to the left, the right, and the bottom, in all directions and starts pulsing that Spring energy through you so that your vital organs are going to be affected first. The heart and solar plexus, which in physical sense are extremely powerful centers and connected to everything anyway in the body, begin to pulse at a very different rate. You could think of it as a spiritual pulse and that is all Divine energy and it is. For our purposes now, particularly in this month of March into April we are just going to continue this theme into Spring.

One of the things that is very important is that you recognize that your conscious awareness of life now makes everything much more doable. It takes roadblocks out of your way, it opens you too...because you see, Spring is not just the buds coming up from the soil or wanting to fall in love, that energy in your body, it's in the air, it's in the consciousness and it is imbued. It is so deep inside you that it is an awakening. And so if we awaken together in this way, become nature more and more, then the life that we have, the life that is so important in terms of doing what we love to do, being who we love to be, sharing what we love to share and creating what we love to create, that all expands as well and we find that everything has juice now.

Everything is more alive, more aware, more awake, and we are ready to meet the moment. Then the code of ethics starts to change because there is this wave of light that's coming again and again and again, renewed through the process of each person being in some way more connected to life itself, because when you are more connected to nature, you are more connected to life.

I will end there because we are going to be speaking in not too much time actually now again and I want to have something left to say for you next time.

I gave you a tremendous assignment, and it would be helpful...everyone always says but no one does it, if you can communicate what you learn as you become nature. And as you think about yourself in more and more ways, having to do with the deep life force within you, and the way that there is no longer if you are petting a dog, there is no longer a dog and a human in the room. There is one being with one consciousness sharing the life force that makes it possible for them to join in this very beautiful way.

Just know that you are going to experience different things. I was going to say this before, to have one animal interaction a day, one tree interaction, one plant, one sky, either morning, afternoon, evening. You can do this, or you can have three different things that you want to have relations established. It just feels that if you do three different kingdoms, or three different aspects, it will help you to learn yourself as a nature element much more quickly than always doing one thing or just only working with your dog. If you work with these different aspects, it will assist you to recognize that this is a key not just to your own health and re-mineralization but to making Oneness on the planet, which is our ultimate intention.

I will leave it there and I send you all love and hold you in my heart and arms, and experience with each of you that there is a way that you will find that we together will create a totality, a big totality with a good code of ethics, a good awareness of all forms of life. We will begin to unify with those forms of life on a moment-to-moment basis so that we are clear and direct and able to create exactly what we want, when we want to create it. This is because we will have all of this life force and all of the way's nature expresses itself working with us.

And of course that's what we will talk about next time. As all these forces of nature as they come together can create this wave of Peace on Earth. I will leave you now and I send you my deepest blessings and gratitude.