

Christy Adams

Soul Support Facilitator in Soul RecognitionSM (Land and Water), Circuitry AlignmentSM and HeartThreadSM

Currently working towards her Master's Degree as a clinical Psychologist to bring basic "safety founding" techniques to children and adolescents so they can find the safe place within, get to know themselves and open to possibilities outside of what they are currently exposed to. She is also a Certified Hypnotherapist and member of the International Association of Counselors and Therapists, Usui Reiki Master, certified herbalist from the Sage Mountain Herbal Center, and Tibetan bowl healing practitioner. Using heart centered, intuitive techniques, truth and practical tools, Christy is committed to assisting others in connecting with all that they are in their own individual and unique way.

Other Services: Channeling, Loving Life Consulting, Relaxation, Letting Go and Connecting Sessions, Intention Parties/Workshops, Tibetan Bowl Sessions, and Past Life Regression.

Contact Information:

Email: Love2LiveMyLife@aol.com **Phone:** [\(239\) 826-8410](tel:(239)826-8410)