

Cheryl Seghezzi

Soul Support Certified Facilitator in the *Accelerated Thinking Process*SM

Connections with people are what excite Cheryl about her work. She is an energy healer for both personal and land clearings, and she releases patterns that keep people from moving forward into their own empowerment. She is also a certified ADHD/Life Coach. Her vision is to help people reconnect with the Self and return to the fully connected and balanced place within where they love themselves.

For 25 years Cheryl worked in the public schools as a speech and language pathologist. Her passion was helping students develop social and pragmatic skills so they could represent themselves with words that built self-esteem and peer relationships. As her personal journey and spiritual work has evolved, she now combines her spiritual gifts with her professional passions.

Cheryl lives in Medfield, Massachusetts, with her husband, three children, and one dog who clearly acts like her fourth child. She loves to travel and entertain and enjoys the outdoors.

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