

Updated November 2021
Heart of the World Flower Essences
Brochure



“These represent the heart of the world, even though they are from the country of my heart.”

“**As 2021** closes we must ‘be’ in a new vibration of life to align more fully with the Earth. This is now necessary to receive the benefit and intention of the sub-atomic structure of all Creation as a support in these unstable times. This new vibration is brought to us through the guidance and esteem of nature and the flowers that grow to express the promise within the Mother. The promise is for a world of wholeness and health, clarity and Union. The strength of nature is an assurance of our connection with life and Creation. **We must choose this clearly and fully.** It is for each of us to stand in the knowing that **Now Is The Time of Choice.** Nature awaits us and Nature awaits our choice.”

Mary Magdalene



1. Rennes le Chateau Symphonic Oak Essence-

Oak tree leaves and acorns for balancing, strengthening, and unifying of different elements.

Have the integrity to stand in the world WITHOUT the distinction of either the above or the below. There is no choice being made for how one's essence is focused. It is the broadest capacity to unify that we offer here. It brings together a unifying that is unparalleled.

UNIFY



2. La Valdieu Signal Oak Essence-

Leaves and acorns of a solitary oak in the meadow of La Valdieu overlooking Mt. Bugarach.

When there are deep challenges to your physical structure of ANY type this will align you with the strength of the above and below, particularly offering structural support and the integrity of minerals that are contained in the life force of the oak and all stable structures of nature.

STRENGTHEN



3. La Valdieu Hawthorne-

This Hawthorne Essence uses leaves and red berries from Hawthorne in the La Valdieu meadow.

Blood is the fluid through which the imprint of consciousness flows in the body, carrying all manner of story and alignment with both the Divine and the genetic. When conditions or beliefs supersede wholeness or Union, this Essence removes the taint of the imprint.

FREEDOM



4. La Valdieu White Rose-

A white rose from the garden at La Valdieu was used to create this Essence of expansion.

Assists with clearing your field, the state of beginning again and opening to the new ONLY. To be taken if you are ready to let all reality from the past fall away.

CLARITY



5. Mt. Bugarach Heather

From the flowers of heather that grew around Bugarach. This heather is the guardian of the mountain in that it protects sacredness.

When there is no turning back and you are stepping forward without need of anything but your own knowing, this protects that knowing and stabilizes it, assuring that the sacredness of the Divine stands with you.

ASSURANCE



6. The Disciple of Light-

This very special Essence was made from lavender gathered in the Mt. Bugarach meadow.

The turning point for humans is the full expression that there is no other. Each breath signals a new opportunity to choose this so deeply that patterns that obstruct this recognition are faced and shattered before one's eyes. Moments of indecision call forth a new choice as duality no longer exists.

NON-DUALITY



7. Mt. Bugarach Yellow Daisy-

The Yellow Daisy Flower was gathered from Mt. Bugarach.

Make peace with the body and being human. Come into every part of you and embody you.

EMBODIMENT



8. St. Baume Blue Chicory-

This chicory grows at the base of St. Baume, in the valley near the hostelmeadow and is a navigator, connecting the consciousness of the flowers to the consciousness of the land, the earth, the Devas, and to the Great Mother.

Remember Oneness. Join with all life. See and feel the power of Union with all elements of your life.

PEACE



9. St. Baume White Daisy with yellow center

Created from a flower near the field at St.

Forgive, move on. Allow, accept. Put aside frustration. You are seen and heard. It is time for you and for your full presence.

VISIBILITY – BEING SEEN



10. St. Baume Blend- Purple Harmony and Destiny Field Flowers –

Choose to put all your eggs in the basket of your heart and soul. Move forward with confidence that your choices are aligned now for the highest good of all life and all beings. Trust in your own wisdom. **TRUST**



11. St. Baume St. John's Wort-

A gathering plant that stabilizes and receives positive energies of the sun, wind, and elements.

Fortify all of the systems within your body to function In Oneness with each other. Provide your physical structure with the infinite capacity to work harmoniously on all physical levels.

HARMONY



12. St. Baume Resplendence Scabiosa Flowers Blend-

This is up and out energy, providing a way for the life force in the core of the earth to be expanded into physical environments.

Come out and be seen. Shine your Light so all can see. Move forward dynamically. No more hiding! Connect with something greater that you are here to do and GO!

ACTION



13. Holly and Ivy from St. Baume mountain path

The holly and the ivy in union brings the qualities of the divine masculine and the divine feminine into resonance in the human body, fortifying each of the channels that has male and female components.

Inner marriage and balance in all relations without. Moving beyond stereotypes and epistemologies, genetic and cultural norms to create bridges for the new Earth.

INTERCONNECTION



14. St. Baume - The Divine Mother Dark Pink Rose

This is the deepest heart rose when one wants to honor the feminine or chooses to share in the grief of the feminine.

Self-forgiveness; Understanding; Compassion; Cherishing.
Sharing the heart.

ABSOLUTION



15. St. Baume - The Pink Rose of Unconditional Love -

Pink Rose has the Oneness of the heart for individuals who would like to love without condition.

Are you ready? This is it! The final choice for all souls.

UNCONDITIONAL LOVE



16. Frilly lavenderflower-St. Baume Mountain

Living with others in the heart of community. No need to protect or guard anything, within or without. Sharing always.

ALLOWING