

Heart of the World Flower Essences



*"Heart of the World Flower Essences
are not just for human beings that live now,
not just for the human beings that are being born,
and not just for our ancestors that we can follow
in our genealogy – this is for the human race."*

Mary Magdalene

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About These Essences

Heart of the World Flower Essences were originally harvested from the life systems of plants and trees in the south of France. Last year we expanded the Essences to include 9 plants and trees from Portugal. This year, we are offering the essence of *Magnolia*, from NC; and *Gardenia*, from CA.

These Essences provide an essential connection with the subatomic level of our being. Because they are created through a spiritual magnification process, we must assess information about these from the heart—we must go into our heart to get to our subatomic level. Since atoms derive from one source, when we partake of these Essences, we are providing a different message at the atomic level. This offers the potential to affect the cellular level from the smallest increment that we can move into.

The questions to ask individually when taking these Essences are: *What does my essence request to support the fullness of the integrity that comes through me in this lifetime? What is going to support that integrity in this lifetime?* The flower Essences are offered to you so that you can have that integrity all the way down to the sub-atomic level and actually rebuild consciousness from the smallest particle.

When taken according to the essence of your body, the essence of the flower, along with the light or spirit that has entered into the Flower Essence, you are combining that consciousness together so that your essence and the essence of the flower join in a marriage that has Truth in it... This is your opportunity to participate in receiving the blessing and the intention for wholeness that is established in certain life systems other than human life systems. These life systems are honoring and imparting to us, as human beings, the gifts of their heart. In taking them, you are saying:

I am ready to receive the honor and the blessing from life systems that want to support the advancement of humanity and therefore, of course, the earth herself.

“These Essences are the connection between the natural kingdoms of the earth and humanity. That is the bridge. We are bridging that separation. The qualities that the flowers have and need to establish are the same qualities that human beings need to establish.

These Essences are based on the principles of Order, Light, Truth and Union, the 4 aspects of Creation, to provide the magnificent backdrop for Earths’ inhabitants.”

Mary Magdalene

Heart of the World Flower Essences

Descriptions

There are two new flower Essences listed below along with general dosage guidelines for each Essence. Before taking the essences, you will meet with a representative to determine the correct dosage and Essence/s for you.

Appointments for those in the US are with Nancy Strachan or Flo Magdalena, the founders of Heart of the World Flower Essences; with Gina Carucci, or Denise Weinberger. If you reside in Canada; with Dominique Renaud or Helene Laurin. In Wales with Ruth Cooper; Portugal with Petra Tarnai, and in Israel with Lisa Tsuk.



Once the dosage and length of time to take the Essence has been determined, you will begin taking the drops the first day and continue for the time and at the dosage determined by your consultant. If at any time you feel that you would like to change the dosage or the amount of time that you take the Essence, you can be in touch with your consultant or dowse to determine how you and the Essence might proceed.

You can douse for the dosage at night to access how the Essence is affecting you and the best way to proceed. Connecting with the Essence by just holding the bottle will help you answer this question. Because of the nature of these Essences, there is a connection formed with the cells of your body and the wisdom within those cells. In the communication that ensues you will receive a sense of how the Essences are affecting you and the best way to support their integration in your body. Sometimes this is experienced as a validation of what you are taking and assists to support whatever your intention was in taking the Essence. If there is to be a change in the amount or timing, dowsing can assist you to ascertain the exact times and dosage that will support you.



1. Magnolia from Gina; North Carolina~

From ancient times, the essence of Magnolia has signaled the turning of the tide; the ways in which the autonomy of each individual is brought forth in a way that creates new and expansive possibility. The Magnolia is a bloom that encompasses time and, at the same moment, transcends it. The bloom and essence of scent and vision offered, sensually

expand the senses and invite inclusion, union, and the surrender that happens rarely in life. To surrender to the essence of the plant is to transcend one's limitations and travel through time to the extension of one's perception.

This plant embodies acceptance of what is, while requesting or igniting the possible changes that are unspoken, and yet, known. The flower reaches into the essence of other life and provides a gateway or corridor for travel beyond the 5 senses and into the void of the unknown, while at the same time, reassuring the traveler of their connection with the Divine within the flower. The opportunity then is to touch Divinity through the vision, scent and presence of the flower.

The best use of this Essence is to inspire, assist, support and encourage growth, transformation, forgiveness, acceptance and confidence in one's self and also in the patterns of life that are readily seen in the flower's beauty and grace. Self-assurance grows as the flower communicates with the recipient and provides a settling of the human so that the Divine is more accessible.

Dosage: For best results, a dosage of 3 drops per day; taken in the morning, afternoon and bedtime. These drops will encourage the expansion of the potential in all of life's levels. The consistency of dosage also provides a steadiness that may not be available in the outer world. The reassurance provided with the Magnolia offers a good foundation for those over 16.



2. Gardenia from Rene; California~

My association with Gardenia is quite new, in that I do not remember it in my daily travels whilst in Jeru-salem. The essence of this flower, however, is age old, in that it brings the sweetness of the Divine into the senses of the people. There is a purity from the southern places on Earth that has now traveled through the cellular matrix of Creation to join with the subatomic levels that provide sustenance to the ground and the plants, and bring the essence of clarity and purity from above.

This flower also represents the honoring of those countries that are non-white, the black and brown-skinned who toiled in the sun many centuries before their white cousins evolved. This flower brings healing and forgiveness of racial transgressions, disavowing of sacred means and ways, and provides a pathway for recovering the essence of purity within the deepest heart.

To offer this Essence now brings a reprieve, a way to reestablish unity within and with races, and with the Divine Feminine as represented through the Mother Earth.

Providing this opportunity now brings grace from the flowers, the scent of which, reminds us of Heaven. A gift of Heaven from Heaven through the heart of the white flower to remove stains from the heart and share sacredness with all life.

To be taken with Light, by holding the bottle and calling forth the Ligh of Heaven to fill one's heart first, and then to share in the Light from the Essence, so that there are three points of Light present: Above– Heaven, within– the heart, and below– flowers which are Earth.

Dosage: 3 drops per day; evenly spaced, for 11 days. 33 doses.

THE POWER TO HEAL, COMES FROM THE CHALLENGE ITSELF.

Mary Magdalene

Important Reminders about Heart of the World Essences

Take the Essences away from everything else, separate from ordinary activity and the ingestion of beverages and food. The Essences need to be set apart from the normal process of life so that there is sanctity and a reverence.

Always relate with your Essence as part of a meditation, visualization or grounding experience, because it is important that your Essence not be completely mixed with everything else in the world. The Essences have a stand-alone energy, a stand-alone power, and your intention to support that will assist in deepening your experience and integration of the Essence.

Always do the best you can. Due to the fact that these types of Essences have not been taken in their present form before, they are restructuring not only each individual's body, they also represent a huge wave of connection with many diverse life systems.

ALL of these Essences can be held and not ingested. If you hold the bottle, you can take the same dosage by imagining that you are taking 1 drop into your body. It doesn't have to be taken in. It can be absorbed through holding the bottle as well. It's the same impact, because the consciousness of the bottle is not held only within the bottle. This is true for all of them, meaning it can be absorbed through holding the bottle.

If you prefer to ingest the Essence through your skin, you can place a drop on the inside of your elbow, your antecubital space instead of placing it on your mouth.

Protocol for Children's Dosage

Children under 18 years of age (and over 4 years) take just 1 drop when the instructions indicate that it is an Essence that is appropriate for children. This is best for their psyche, because the Essences are very strong, and disrupt the patterns that have been established. We need to do this gently and powerfully at the same time. If you would like to ask your consultant about a particular child and Essence, feel into them with your heart— always from your heart. **You use common sense.** Ask: “What is the impact I want this Essence to have on this child?”

Children's doses are always put in clear fluid such as water or juice, but not milk. One drop is going to dispel itself, so you wait a little time for it to do so. Once you put the drop into the clear fluid, hold it and feel into whatever your feeling is to give it, in the first place. Something like: *“as my child, my grandchild, my niece, my nephew, or my son, my daughter ... as I hold this essence, may the benefits move through this liquid for your highest good.”* And you impart the energy of the remedy itself. *“May this make you more social, may this make you more comfortable.”*

Then give the Essence when the child is going to be sitting to drink it, or maybe when reading, writing, or drawing a picture.

When administering these Essences to children, do so when you can observe them after they take their dose to assure that they are integrating well, and to be available if they should have questions or concerns.

Clarifying Your Essences

Dowsing: If you have experience dowsing and are comfortable with your results to this point, then you can dowse before your consult and feel into which of the plants or trees is calling to you.

When you dowse, remember that this is a new kind of science because you are going down to that subatomic level, and whatever you usually use to make decisions isn't in force here. Take your time, feel into the heart before you dowse and choose a space that is quiet and private.

If you are taking the Essences and feel to change dosage or are wondering if you should continue or stop an Essence, you can dowse to determine that on your own or contact your representative to share your sense of this.

Steps for Dowsing: Address your relationship with the Essence after twilight by using the steps below:

Step 1. Get quiet and centered. Reread the description of your Essence and feel into why you initially took it.

Step 2. Note how the Essence has been working with you so far. Use the heart as the indicator, as the heart chose the Essence. What has been shifting/changing/growing/releasing?

Step 3. Ask your body for a sense of the progress toward the intention that you set when first taking the Essence. Ask whatever question you have for a clear indication as to decreasing or stopping or extending your relationship with that Essence.

Step 4. Now use the method of dowsing that you have learned, or use a pendulum to determine your 'yes' and your 'no.' Once you have created a relationship with your dowsing method in that quiet moment, ask the question that you have about the Essence.

These essences are not intended to cure or alleviate a medical diagnosis. They are to aide in the balancing, integration and assimilation of Light and to assist the body to ground and connect with Earth for a more increased sense of vitality and life force.

Prices

\$30 per bottle + shipping

USA: Shipping one to five bottles is \$10.40