

Fireside Chats for April 2020
The Ones With No Names
Your 12-foot Spiritual Sphere

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Let's put our right hand on our heart and our left hand on our right hand, taking some nice deep breaths to bring our awareness into our bodies. We know that the truth actually lives in our heart and our soul, and our abdominal brain – our solar plexus. So coming into this part of ourselves opens us to receive Truth and also to give truth and be available to our truth, which is extremely necessary right now. We can feel our hearts joining together to create a space of reception and integration.

The Ones with No Names are requesting that you feel around you their presence now, in whatever way might focus for you or come forward for you. Feel around you the presence of spirit, of a holy understanding for you to share right now, thank you.

We are here with you and we would like to welcome you to this place and say that we are very glad that you have come. This place is inside and above, as you know, both, which we will talk a little bit about. Mostly we wanted to offer you some solace, some understanding and perhaps some innovation. We want to provide you with a ground of foundation. This is because what is happening, as you know and are experiencing, is that whatever ground has been your foundation is now shifting. It really doesn't matter what that ground was, it will not be there much longer. It's not a threat or a challenge. This now is an understanding that the systems that have been in place don't work. They are not supporting life. This is because the understanding is always in the outer world peppered with the cost of it and the accessibility of it – how much education you have, what color your skin is and so forth. There has not been for a very long time the understanding of Oneness, the understanding of what it really means to be in harmony.

Those walking on the earth, the creatures and human beings are leaving vibrational trails that go into the earth. The footsteps of the people are not in union together, not in unity together, or complying with the heart. The footsteps are not actually being part of the heart in the same way – everything that is tense and separates and judges. This isn't just something that is spoken or acted on in this level up here, it is in your bodies as you do that, it is in your feet as you walk on the earth. As you connect to the Mother it is transferred to her. There is a sense of not being connected to anything if one is not connected to the heart, because whatever is happening does not have a ground. It doesn't have a place where growth is happening, where balance is being understood or contained in the understanding of the moment. It doesn't have a place where the focus is the coming together of the garden of Oneness. Every time one walks and

does not feel the Oneness that is translated by your feet into the earth. The message is like a severing of the earth where you are walking. It's as if the whole earth is continually pounding on the Mother with this understanding lacking and forceful moments and actions, and dramas, and traumas, and violence. So this is the frequency, the vibration and the energy of right now. We could think of it as a wave that is surrounding humanity, it is coming back at humanity.

So the first thing that you might want to do as you are thinking about your safety, the safety of your family, the safety of your home, the safety of your animals and of all the creatures you are concerned with is to create a space around yourself that goes about 12-feet out. Magdalene was saying yesterday to imagine blue green pastels – the earth, which is green and the sky, which is blue. Imagine golden lights, golden silver light or just golden mantels or golden energy waves or any colors or combinations that make for you an environment of peace and grace, understanding, and also safety. So 12-feet around yourself create this environment, which will mean that the vibration of the world will be less strong and will affect you in a different way, which we will discuss.

We will also offer you the opportunity to make the reality you choose be the reality you experience. First, is choosing the reality and then experiencing it. As you experience it you create a field of that and that goes around with you. Sometimes we are in a program and we do this for a certain amount of moments, hours or days. Sometimes there is this whole thing of: *Well, I can do it when I meditate or those particular times when I take a walk or hug a tree or when I hold my granddaughter, or when I do whatever.* We are suggesting that because the wave that is interfering with your health and wellbeing vibrationally is now pretty constant around the planet. You could think of it as a corona around the planet. You could think of it as kind of a circular movement around the planet in vibration, right? **Your vibration wants to interrupt the vibration of this virus or this wave of disintegration, which is compounded and multiplied by the hatred, the violence, the separation and whatever else words you want to use that define activities that do not support life. It is just very simple now. You want now very much to support life that will maintain and sustain your life! That is the key here. Sustaining life itself is about sustaining everything in a life vibration. What we are doing now is creating a field. First is this vibration and space, and then the experience, and then the field. You can write those down, you can think those, those are the things you want to think about – not so much the statistics of things but what is the order within which we create the antitheist of that separation.** How do we do that? How do we separate ourselves from the vibration that has been acknowledged to be so powerful? We decide to be powerful in our own right! We would like at the end of this program to have our joined energies be established so we create this vibration! We create this experience and then we create a field, and we take the field around with us! This is so everyone that is here together now vibrates at a rate of speed that is consistent with this field that we are creating and then the field is much stronger than any one of us.

So that means that we have the accumulated, magnified energy of the vibration, the experience and the field of Union wherever we are, and it is out 12-feet. 12-feet is a very important distance because it is 12-feet of the spiritual level of your body, and that 12-feet transcends the

linear mind. It opens to frequencies of spirit and of all beings. All beings have this 12-foot arena. When you hold that arena it is as if you are speaking out loud and saying, *I am carrying the spiritual frequency here, it is large, it is big and it is not mutable, it is not able to be changed, it is not able to be experienced in a way that would in any way reduce the amount of life force within that circle.* In other words, the life force that you carry in the circle of the 12-feet around you is the experience of being in a bubble with others that are not necessarily geographically next to you, although we are doing the social distancing here all over the country. What is happening then is that there is a field and you are then able to bounce off other fields. The understanding that we have of about your intention for this 12-foot field is that you can then share it with others. You can share it people you live with, share with friends, share it over the telephone, share it anyway you want. This is because the energy of this commitment for you is not just about yourself. Perhaps we should say very primarily, first up here actually, that this is the time to think of all, not just one person. This is the time to include the wishes, the benefits, the resources, the consciousness, the collaboration, the cooperation, and the unification of as many people as possible. We are sharing these ideas, we are sharing this energy, and we are sending it around. We are feeling like we are creating this Army of the Heart.

Think about the 12-feet as being this invincible bubble. You walk around in it, you send it, think in it, sleep in it, drink in it, live in it, and do everything in it. You also invite others into that should you wish to, or if you are in that situation already, or you are thinking about it, however you want to do it. It doesn't need to be physically next to yours. The idea here is that we expand everyone's field so that everyone is breathing that 12-feet of life every minute! So that is what you are practicing. We are going to stick our necks way out and say, don't worry about meditating! Walk around in the consciousness of your own awareness all the time in that 12-feet of pure breath. If you have conditions that you are arising with, or have had, or you think you might have in terms of pre-existing type of things, then the easiest way to work with that is to use the 12-feet of oxygen, light, energy and so forth. Bring that into your body, in a breath, inside, and then take anything else out. Then what you are actually doing is using this breath almost as a dialysis of your lungs particularly right now, your heart and your lungs. This is so that this air and this light and this grace is filling up all of the cells of your body. It is filling up every moment of your consciousness, every part of your awareness. And yes, you have to stay informed and yet at the same time you want to inform your world.

This is the time to create! It is the time to let the awareness bubble up. It is the time to reach out to people who you want to make amends with or connect to in some way energetically first, always first, so that you feel that the joining of your bubbles is beginning to happen. So you can actually feel this transcendence of whatever was there vibrationally and you are moving into a different place. This is the time to actually heal anything you want to heal. It may be very much contrary or counter-intuitive to what the world is telling you, *Oh, I have to prepare and I have to build this up in my immune system, I have to prepare to maybe heal later.* Well, we are suggesting you decide right now to heal. Bring anything that doesn't feel comfortable, doesn't feel connected, are not sure about and would like to balance. This is not so much in the dualistic sense of going back to fix it. However, open the space of the 12-feet and begin to feel how the life is flowing into these relationships. Feel how it is flowing into your

heart and soul, lungs and solar plexus, and into the framework of your bodies, your structures, your joints, your ears, your eyes...wherever you want that healing to go. Begin to realize that there is nothing else that's important except the light that you are breathing in and out in this 12-foot sphere. You are opening that space to create new ideas, new relationships, new joys and new ways of being.

This time also is about invincibility and we are very clear that it's about invincibility. It's about knowing that you have this sense of correctness, we won't call it right because when there is a right and a wrong there is duality...but the correctness of being in your spiritual envelope, which is your spiritual level. It is nothing new. You have been carrying it since the day you were born. It wants to be pumped up, it wants to be focused on and activated and opened out to. The thing about this spiritual level is that it does not have condition, so when you are in that level you are invincible. There is nothing that you cannot understand or know or do or be really. Whatever you would arise to or want to create through or be a part of would immediately be coming from the part of you that creates your next steps or the foundations, or whatever that might be. You understand yourselves to be the creators of new world consciousness, of the greenness of the earth, the sacredness of the Mother, the union of the Mother and the Father, the presence of the family in harmony – all these wonderful ideas and awareness that you have of what's coming and what you know we are building. The invincibility is about you saying yes to those things, saying that you are ready now to activate the experience of the Oneness in yourself.

That means when something comes in and you say: *hmmm I wonder about that*, you say: *there are no boundaries here, I say yes to it, I don't know how, where, when, or who, I am going to say "yes."* So while everything is at pretty much of a standstill or a stop or a Red light, it is your turn, it is your time to say: okay I have a space now. I have a 12-foot space. In that space, now what I am going to acknowledge is that there are parts of me that want to express. There are areas I want to heal and work with, and this is what I want to create. This is what I want to do as I come out of this experience or this space into the field of my own, my own Oneness, my own authenticity, my own value, my own worth, my own intention, whatever that might be.

This field has in it all this ripeness! You go to bed in the field, wake up in the field, and walk in the field. This 12-foot circle becomes something you play with. You play with it, moving it around and experiencing it, knowing if you want the The Ones with No Names or The Council of Light or The Galactic federation, Joshua, Sananda or anyone or anything, or Angels, just say "yes." This is because there is not time now for you to think about your life in the old structure because the structure is dissolving. As it dissolves, for each of you to move forward in the highest and best way requests you literally to make a new step, a new stage of entrance, a new way of relating, a new way of showing up. You can think, as all of these systems are falling apart, what are you going to build? What's the foundation you are going to set in place and what's it based on? If you want to base it on the Great Mother of the Earth, then the first thing you do when you walking in the circle of the 12-feet is imagine that your feet are landing on the Mother and you are walking on her back consciously. You are sending to her the rhythm, the balance, the Truth, the Oneness, and the clarity. Whatever it might be that you are

experiencing in that moment, you are sending it right down through you feet into her body. You begin to realize that the macadam and bitumen, all these things that are very hard, are not what you want to be walking on anymore. You actually want to be creating the foundation with the earth herself and imagining that you are standing in that space, and however you can do that will be extremely beneficial right now.

And when something falls apart and you have compassion that it fell apart, or challenge that it fell apart or fear or discomfort that it fell apart, immediately say: What would I do to put it back together differently? How can I show up in this moment to bring myself what I need and stand in the strength that I carry? Whatever it might be. So you take the actual realization that you have and act on it versus judging it, because as soon as you judge it then you go into the dualistic. Then the structure that has just dissolved dissolves a part of you and you feel less strong, that's just the way it happens. This is because the structure has been so cemented and rigid in the world, the rules and the dictums and who is saying what and doing what and all these things. There is so much input right now and so many things are contradictory. What has actually fallen apart is common sense and the heart-to-heart connection that needs to be there, regardless of what is happening around the heart-to-heart connection.

So what we are saying is that when things don't feel comfortable, step in with comfort. Bring comfort to yourselves in those moments and then understand that as you bring comfort in those moments you are also making a new world for yourself. It may not look like that in the beginning. You may not know what that means. You may not have all the steps that you will be taking soon. It is fine. It is the instance of choice. It is creating the experience you want and being in the field that you have also created that allows you to have a different perspective on absolutely everything.

In other words you would say that would be when there is some problem coming in to your antenna and it feels like there is something that should have been done, something isn't being done, people are in danger, it is not safe. You can't do what you want to do. All those things start to come in. In that moment what will bring me comfort? What will bring comfort to the situation? *I am perceiving what will bring comfort to me and to everything that I am now perceiving.* All right. It might be an N95 mask, but it might also be compassion, kindness, heartfelt opening, or hearing someone. They may not know that you hear logically, but they will know that you hear them cellularly because we are all connected. The reason that you are tired, the reason you are working so hard to be, however it is that you are trying so hard to be, is because the impact of this species is being felt by everyone. So when you want to send comfort to someone, something is happening, know that it will be experienced in whatever way that individual can experience it. As you send that wave out, that 12-feet of magnification will assist it to move into their 12-feet. Everything you send to someone will move into their spiritual field if it is a vibration of Truth.

You are literally beginning to compile situations, people, ideas, and understandings. As you compile them you literally are magnifying that 12-feet spiritual input because the 12-feet of everyone's spirit is connected. It is like this hologram. As you are balancing and fortifying one

circle you are balancing and fortifying all circles. The more of us that do that, then the more that spaciousness of having this feeling like there is enough air, there is enough sunshine, there is enough beauty, there is enough peace arises. We can comfort each other. We can lift each other up. We can find what we need if we work together. That feeling is what people need to be experiencing, right in those front lines! They need to be experiencing that they can feel something is happening to bring things together. You can send that feeling of bringing things together anywhere you want. There are certain situations and certain organizations might be very, very benefited by your sending some of your Oneness ideas as coming together and cooperating ideas, of course. **You are taking a proactive role to spiritually organize a holographic response to this experience that is so profound on the planet right now!** You are working within your own field for balance, which is the healing in whatever way it will assist you and support you.

We are with you in every moment that you choose to ask us to be with you. It is like you are requesting the experience, the connection, and the information. Whatever it is you want, we are there to support each and every one of you in any way, whichever you would wish to have us do, however it looks like for you or feels like for you. The structures as they dissolve are going to be replaced by new ideas and connections that come from and are established within the Truth of creation itself. We could think about this and have been speaking about it in the class that we have every month that what happens as duality falls apart, is that the two sides are really taking themselves from the center. They are going in their direction. Because of the tension then there will be this breakage of duality. Duality is actually breaking and we are watching it happen. As it breaks then everything is going to fall in the middle, more or less, and yes you are making bridges between the two sides and you are holding the stability.

You are going to build it from the ground up from your connection with the Mother from ideas, from connections you have with each other and from collaborations that you want to make so much that you are going to actually begin to weave. As you begin to weave, there is a very strong sense that the patterns that you have that are also connected to other's patterns begin to manifest so that you can begin to look at them and understand them. We have been since December warning you of this year, preparing you hopefully for this year, knowing that this is the ways separation of heart and mind occurs much more fully. This is also the time when if you do not honor life you will be brought up to look at life in a different way than you might wish, consciously. **We can all hold life in such a strong manner that the commitment we are making to life becomes the sustenance of our life, the support of our life, the extension of our life.** You can think of it as a crux point or a cross over, like a place where if you do not find the Truth, you will go off in a direction that doesn't benefit you. It is time for you to stop! You are at a crossroads and you need to say: Which road am I going to take? Which way is my way and how do I best serve in this time? What is it I know that I bring?

We have been working in the monthly class with, What are you bringing, why are here right now? You are unique, so what is it so uniquely that you bring? What is it that you uniquely bring as this week comes and we are working with this large 12-foot vibrational space? Some of you will find answers to who are you and what you are bringing and how that works. You also

recognize that there is no time in which this has to happen. It is not pressure! It is more revelation! Oh! I always knew that, why didn't I get this before? Why didn't it make sense before? What was holding it back? So this is a time of discovery, curiosity, fun and recognizing. You can be as light as you can be! Now is the most important time for you right now!

Besides this 12-foot space, talking to us, calling in people that you love, and being in the heart and so forth, recognize that you have a job to take the vibration that you are carrying and create a larger circle from that. So that would be a concentric circle that moves out from your 12-feet. Sometimes when you are looking at something and you have compassion and kindness come up, or sadness or even fear or terror, (it doesn't matter what comes up) and it is not comfortable, anything but comfortable, just spin, spin your 12-foot energy out. Just cover that person with that 12-foot energy. Speak to them in your heart. Stand in that strength. Remember you are connected to the earth. Draw up her power through your feet, open your arms and breathe in oxygen in your awareness. Know that you are not alone. Whatever you want to send from the part of you that wants to send it, do it. Make this part of your life! This time of your life and this experience of your life, make this the time that you have been the most active you have ever been energetically. Write letters, send flowers, do something that begins to express your heart. Plant flowers. Water the flowers you have. Send little gifts to children, do Face Time...something that says, **my spirit wants to be alive, my spirit wants to connect to everything there is and find ways to make the world a better place, find ways to use my spirit to uplift everyone else.**

The antenna that you have to watch a particular thing or listen to a particular thing may be your consciousness leading you to so. You can actually contribute something in that way to that person you are watching on the television. It doesn't matter! There is a feeling that you have that you are ready to begin aliveness no matter where you are and what you are doing. You begin to learn also that you don't have to be physically talking to someone or doing this and that for the contributions to be made. **This is a time when you are actually being called on to invent ways to connect, to elaborate on ways that connections would support life and to find those ways and to use them.**

We are encouraged by the amount of heart that you have and carry the expansion of your spirit and the energy that you are bringing to this moment. We are holding each of you in this space of that openness and that wholeness as you understand each moment fully. Just know that as you ask us to be a part of your 12-foot sphere that you are also magnifying it, extending it and expanding it and making it bigger and more untied so it is easier for you to live that space in the world.