

Trisha Cripps

Soul Support Certified Facilitator in Soul Recognition, Circuitry Alignment and HeartThread

Trisha has many years of experience working with people individually, in groups, in classes and in workshops. She loves passing on what she has learned and what has helped her to grow. This is her passion.

Trisha loves spending time in nature and with her beautiful grandchildren. She also loves chanting, dancing, swimming, spending time with friends, reading and foreign holidays.

Other Services:

Counselor: Works with children in school settings, youth at a young person's agency, and substance abuse clients in a local drug agency. In her own private practice she works with adults on all types of issues.

Counseling supervisor: Has experience in work settings (drug agency) and her own private practice.

Astrologer: Teaches astrology in the local college and privately. In her private practice she gives birth chart readings.

Group facilitator: Facilitates a regular meditation group, self-awareness and therapy groups in a day services setting for substance abuse clients, and various other courses and groups.

Teacher: *Lighten Up: Creating What Most Matters to You; Meditation*—Introduction to Meditation; Awakening Your Light Body; Radiance Self-Exciting and Filling in the Frequencies

Channeling: Teaches Introductory, Intermediate and Advanced Channeling and offers channeled readings for individuals and meditations for groups.

Contact Information:

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