

Sarah Wiltshire

Soul Support Facilitator in Soul Recognition, HeartThread and Circuitry Alignment

Sarah is a Journey Accredited Practitioner and Quantum Touch Facilitator in addition to facilitating Soul Support modalities. From her experience in supporting others, she sees that the therapies she practices help people come back to themselves, feel more content, and connect with others in a much deeper way. In clearing energetic blocks created by past challenges and traumas, people are able to be more truly themselves.

In order to support the changes that you most want:

- She creates a safe and confidential space for you to open and let go of “your stuff.”
- She works intuitively. There’s no one-size-fits-all. She tailors the therapies she uses to suit your specific needs.
- It’s your journey, and she is there to guide and support you all the way, both during the session and with follow-ups

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